

K and 1st Grade Parents and Guardians,

We are super excited to announce that Rodes Elementary will be having a 4-week YOGA Club! We will meet in the PE Room after school on Mondays and learn the simple basics of yoga, breathing, balance, and flexibility.

Students **MUST** have a signed permission slip. Parents and/or guardians will be responsible for picking students up at 4:00 p.m. **PLEASE be on time.** PICK UP AREA is in our regular car line, in front of the school. Please follow car line procedures when you pick your child up.

- Yoga Club members will not need to bring anything with them.
- We will meet on the following Mondays: October 23rd, October 30th, November 6th, and November 13th.
- If your child is uncooperative, misbehaves, or is late being picked up one time, he/she will no longer be in the club.

If you would like to order a Yoga Club t-shirt, we will have an online store through Oasis Printing. The online store will be open from Sept. 13th-29th. Each shirt will be \$10.00. We will share the store link on the Rodes Webpage.

Permission slips are due Wednesday, September 27th.

Namaste!

Ms. Melvin

Ms. Reeves



----- cut and return -----

I give permission for my child, _____, to participate in
(Student Name)
the Rodes Yoga Club. I have read and understand the requirements.

Student's Teacher/Grade

Parent/Guardian Name

Phone Number

